# Current and future welfare issues of the beef cattle industry

Diego Moya, DVM, PhD

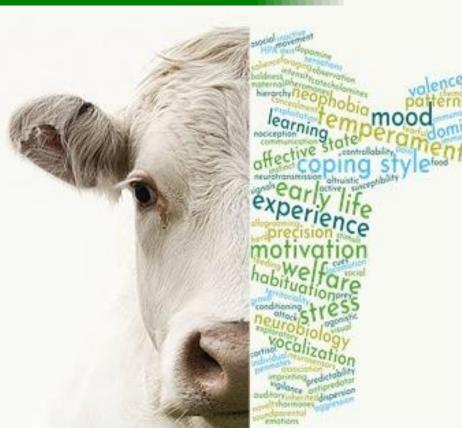
Assistant Professor in Beef Cattle Welfare and Behaviour

✓ diego.moya@usask.ca

② @DiegoMoyaSask







- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- **Relationship health-welfare**
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states



### The rise of the citizen

End World War II: Intensification of animal production as a way of providing food security

1945 1965

Brambell Committee (UK) concludes that animals should be afforded the Five Freedoms

1. Freedom from thirst, hunger and malnutrition

2. Freedom from discomfort and exposure

B. Freedom from pain, injury and disease

4. Freedom from fear and distress

5. Freedom to express normal behaviour

**†** 

Goal of animal production:

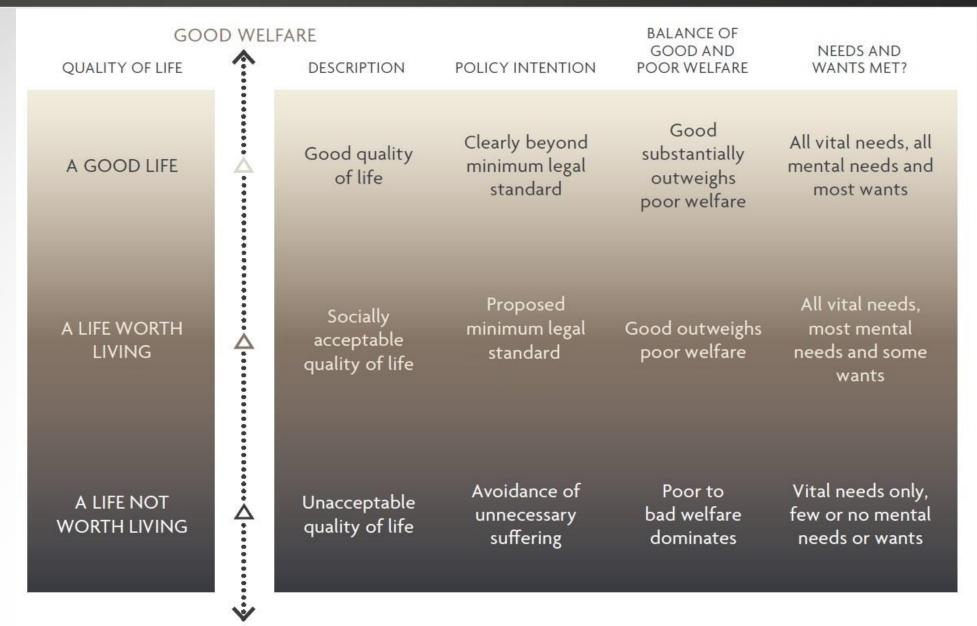
Individual seen as:

Subsistence

Subject

2019





**POOR WELFARE** 

### Definitions of animal welfare

Broom: Animal welfare is its state as regards to its attempts to cope with its environment.

Animal welfare varies on a continuum from good to poor.





### Approaches to define and address animal welfare

- A biological functioning approach. Animals should be capable of normal growth and reproduction, and reasonably free from disease, injury, malnutrition, and abnormalities of behavior and physiology.
- 2. A natural living approach. Animals should be kept in reasonably natural environments and be allowed to develop and use their nature adaptations and capabilities.
- 3. A feelings based approach. Affective states of animals ("feelings" or "emotions") are the key elements in quality of life. Thus a high level of welfare requires that animals experience comfort, contentment, and pleasure.

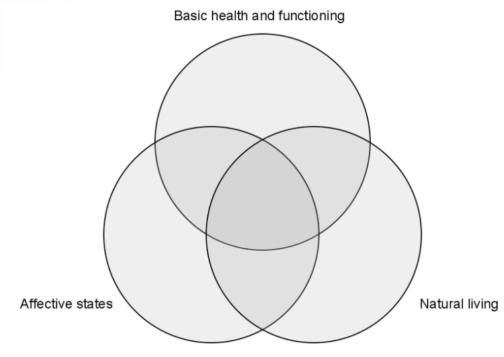


Figure I
Three conceptions of animal welfare, adapted from Michael Appleby [21] and Vonne Lund [21].

#### **Performance**

(Average daily gain, feed efficiency, body condition score,...)

#### **Blood titers**

(Substance P, Acute phase protein, immune function,...)

### Handling response

(chute behavior score, vocalizations, exit speed, prod use,...)

### Morbidity and mortality rates



#### **Brain function**

(Cognitive ability, affective state, temperament, judgment bias,...)

### Thermal comfort

(Respiration rates, panting scores, temperature,...)

#### **Behaviour**

(Stereotypic, aggressive, depressive,...)

### Hormonal activity

(Glucocorticoids, catecholamines, ACTH,...)

### Personal views on animal welfare

Education

**Ethical values** 

Economic level



**Professionalism** 

**Experiences** 

**Traditions** 



### Types of citizens

**Contractarians**: "We should care about animal welfare, because consumers demand it and we want to sell products."





**Utilitarians**: "Modern animal production is problematic because there is a negative effect on animal welfare which is not counterbalanced by the human benefits.

**Relationals**: "A dog is a man's best friend, so it should be treated better than animals on farms and in laboratories."





**Animal rights**: "All animals have inherent value, and this should be respected."





### Importance of public perceptions

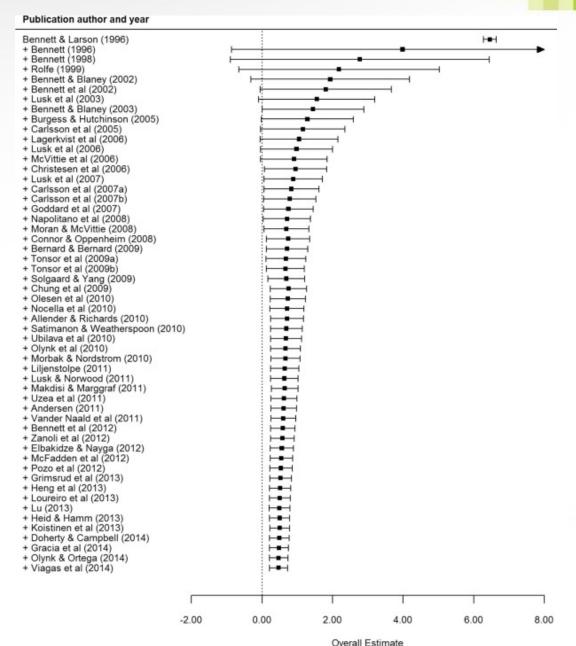
- A key part of sustainability is acceptability
- Incorporating public perceptions and concerns into communication and policy making is an important part of maintaining public trust





# Cumulative meta-analysis of the public willingness-to-pay (WTP) for farm animal welfare.

- A small, positive premium was found for higher welfare products
  - Different by location: lower where consumers assume animal welfare is high (e.g. Northern Europe).
  - Different by species: Beef cattle > dairy cattle
     > layer hens.
  - Young > old people, women > men, high income/education > low income/education







### Consumers' expectations on cattle welfare

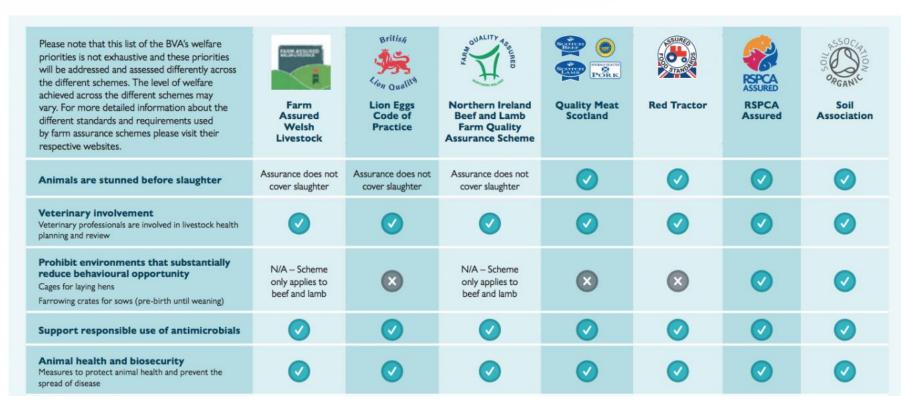
- Animal welfare is an important issue for many consumers, although sales of welfare friendly products are much lower than the reported levels of concern.
- Perceptions and attitudes vary in time and space. Observing changing trends is important.
- Citizen views should only act as a "proxy" for conceptualizations of an ideal world when these are not further confirmed through consumer behaviours.





### Farm assurance schemes

- As interest on animal welfare increases, raise of assurance schemes (often based on 5 Freedoms, but few of them comply 100%).
- There is a failure of market mechanisms to differentiate higher welfare animal products and limits the ability of citizens to make informed choices: assurance labels are poorly understood.



### Steak





























raised without the use of antibiotics













### Educating the consumer on cattle practices

If we increased the number of consumers visiting the farm would it:

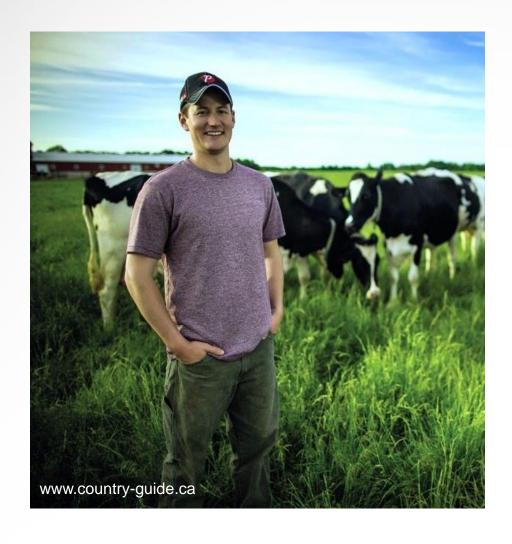
Increase the sympathy and allegiance consumers feel for the farmer?

Increase the sympathy and empathy consumers feel for animals?

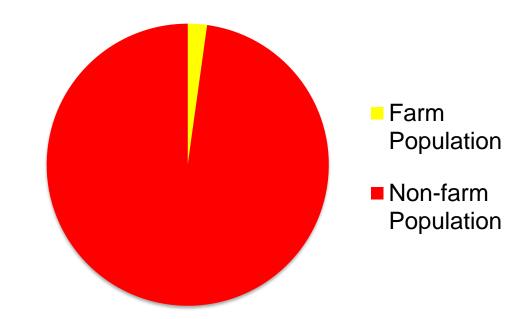




### Producers' understanding of cattle welfare

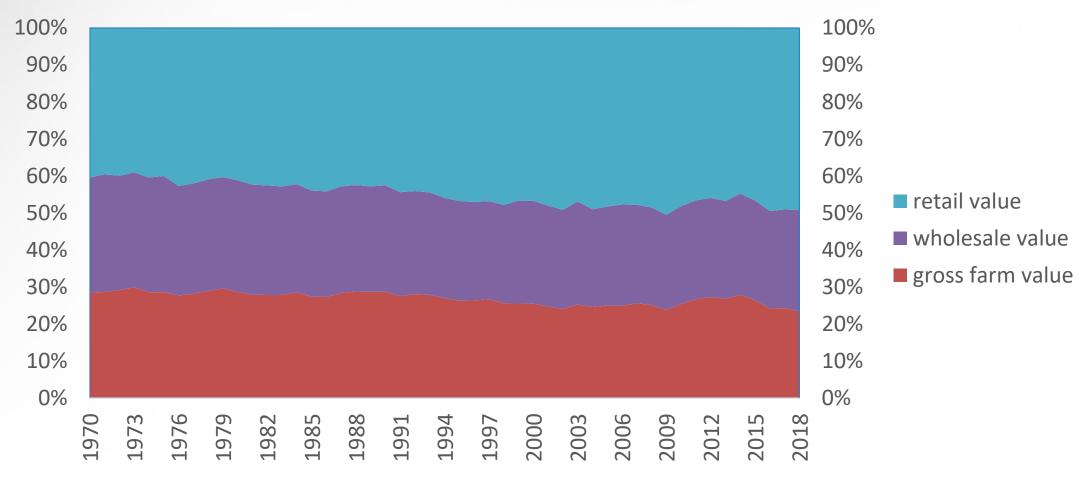


What if we introduce productivity into the equation? And efficiency, managing resources, economy,...



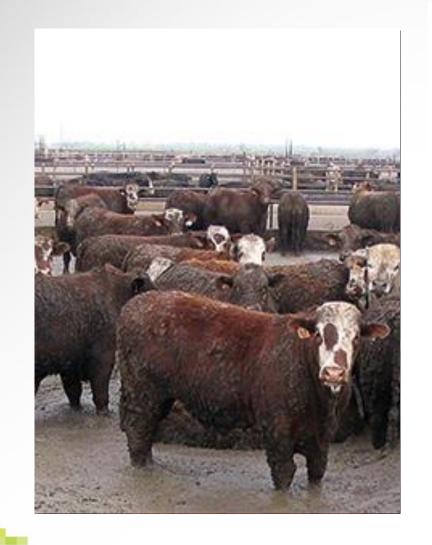


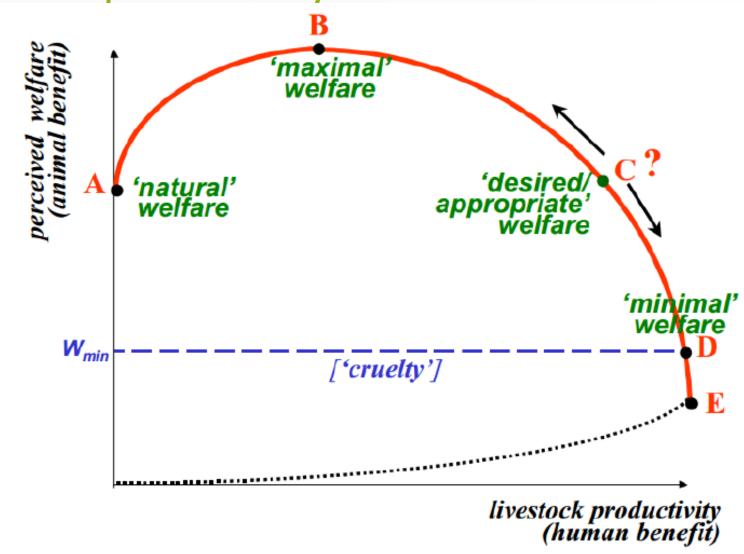
### Historical price spread data for beef



Source: USDA

## How much welfare are we willing to sacrifice for the sake of profitability?

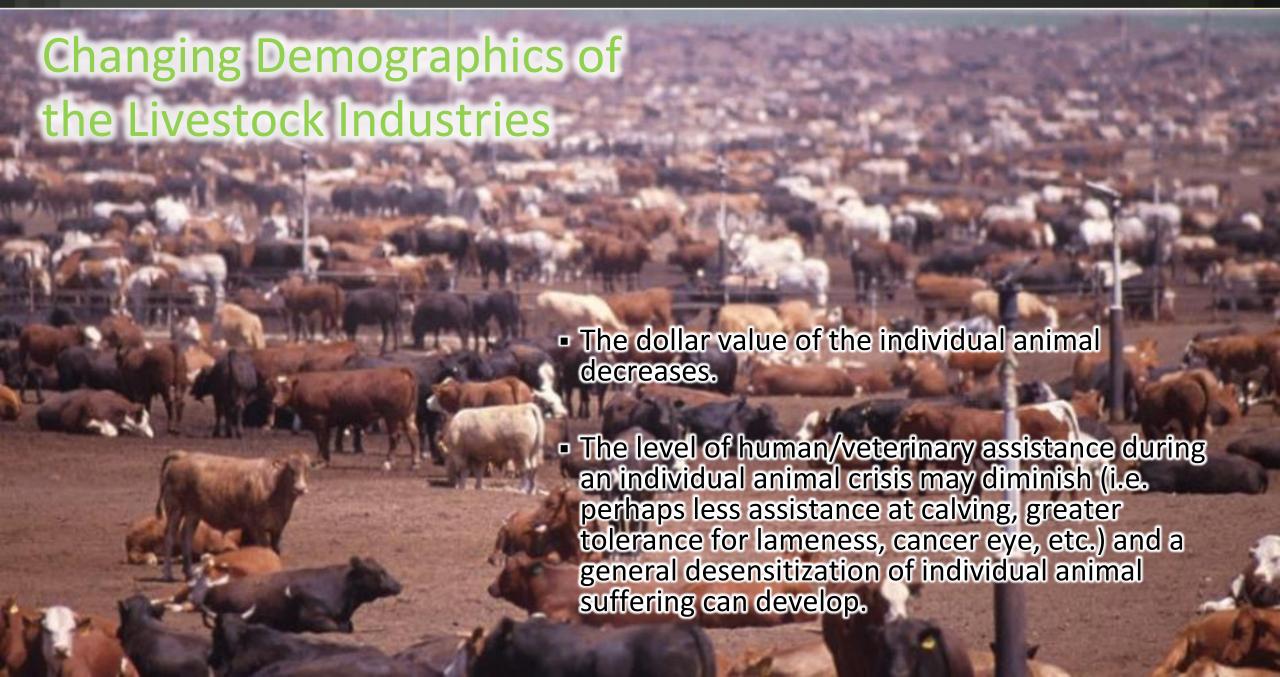






### **Changing Demographics of** the Livestock Industries As margins get tighter, operations get larger with more animal units per farm. Animal welfare on the herd basis may improve (i.e. better vaccination protocols, SOPs for euthanasia, more reliance on nutritional and animal health consultants, better health records).







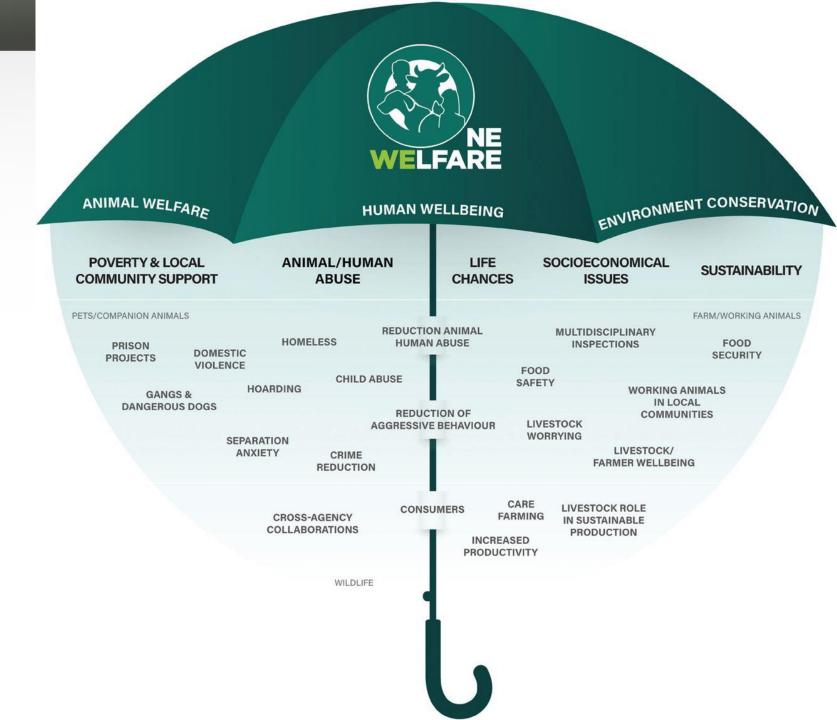
- What does "welfare" mean?
- One Welfare
- Gut-Brain axis
- **Relationship health-welfare**
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states





### One Welfare

It builds on the One Health concept, and is a way to recognize the many social interconnections between human welfare, animal welfare and the integrity of the environment







### One Welfare

In practice, it is a call for a coordinated program of action:

- to improve animal welfare in order to improve human welfare (and vice versa)
- to coordinate actions between animal protection and other services, and
- to protect the environment as a fundamental step for both human and animal welfare.







Improved welfare of food welfare in animals increases their limproved welfare of food animals leads to paths out of poverty via increased product of proved product of proved product of product of product of product of product of animic proved product of antimic probability, so decreasing food losses and wastes.

Improved welfare in animals increases their animals increases their paths leads to prove and resistance to paths of an improved product of animic probability, so decreasing food losses and wastes.

Appropriate animal handling, adapted to the nature and behavior of the animals, reduces animal's stress as well as risks and occupational hazards for workers.

### Farmers Mental Health

Perceived stress, anxiety, depression and resilience in

#### Canadian farmers:

- 1132 participants: 22% beef cattle; 4.5% Saskatchewan
- 61.9% in psychological distress
- 33.2% probable cases of anxiety
- 14.6% Probable cases of depression
- 71.1 resilience score (average population in US 75.7-83.0)





### Human-Livestock welfare connection



It is a known fact that the health and welfare of farmed animals is closely linked to the well-being of agricultural producers and other animal care givers.

- Cases of animal neglect are often precipitated by the development of farmer mental health issues.
- Animal disease events (e.g. depopulation) have a significant impact on the well-being of producers, their families, veterinarians and responders.





### Positive consequences of good farmer welfare

- Even the farmer's intention of taking care of their own wellbeing is positively linked with animal welfare indicators (Kauppinen et al., 2013).
- Practical evidence demonstrates that improved farm animal welfare results in superior meat yields (e.g. minimize carcass weight loss due to trimming of bruising and dark-cutting).





### **Human-Livestock interactions**

### The stockperson

- Skills
- Experience
- Beliefs
- (Lack of) training
- Ext. pressure

### Use of aversive handling



#### The animal

- Negative experience
- Chronic fear
- Stress

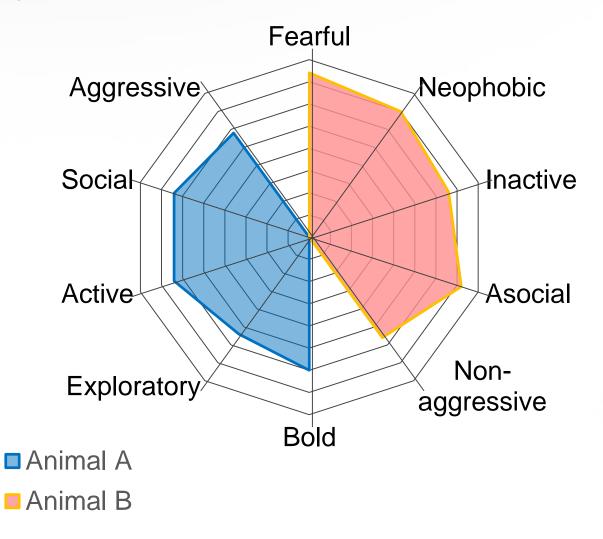
Reduced welfare, health and productivity



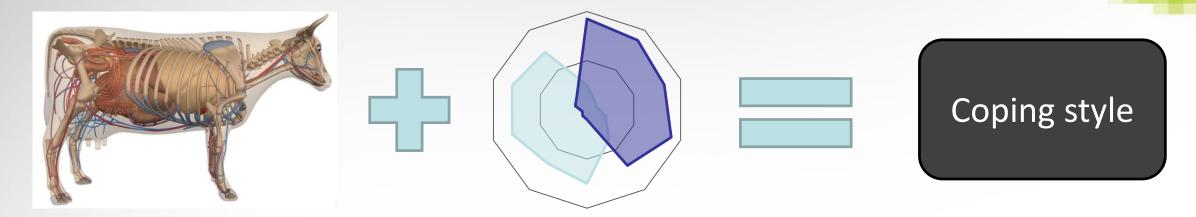


### Animal temperament

- The quality of this relationship can be assessed by measuring the behavioural response of the animal in different scenarios: temperament traits
- Every animal's unique temperament profile will be determined by a mixture of genetic factors and its experiences







### **Proactive/Active**

- ✓ Higher behavioural activity (aggressive).
- ✓ Elevated reactivity of the Sympathetic Autonomic Nervous System (catecholamines, fight-flight response).
- ✓ Higher sensitivity to the dopaminergic reward system.

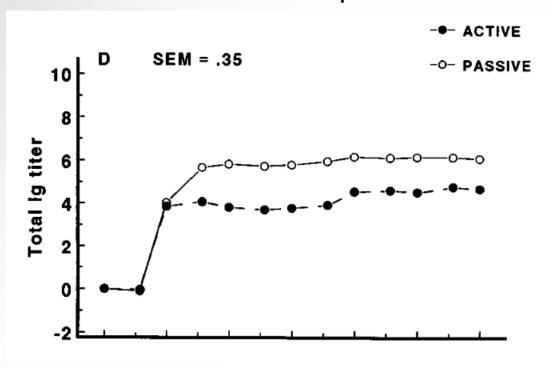
### Reactive/Passive

- ✓ Lower behavioural activity (freezing).
- ✓ Elevated reactivity of the Parasympathetic Autonomic Nervous System (cardiac vagal tone)
- ✓ Higher reactivity of the hypothalamicpituitary-adrenal (HPA) axis (cortisol).

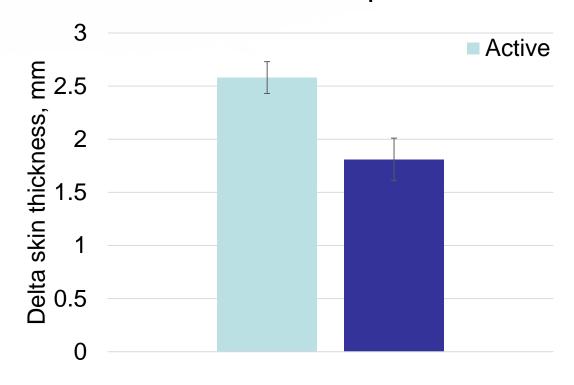


### Coping style on immune response

#### Humoral mediated response to KLH

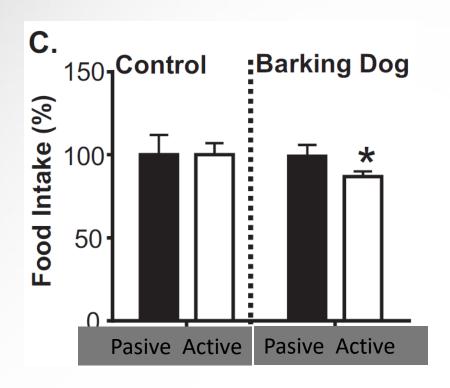


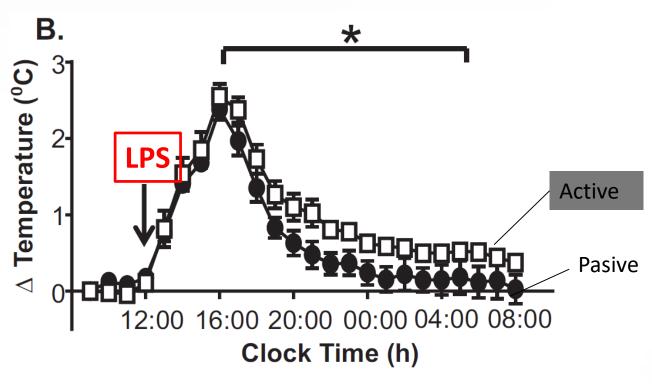
### Cell mediated response to KLH





### Coping style on growth performance

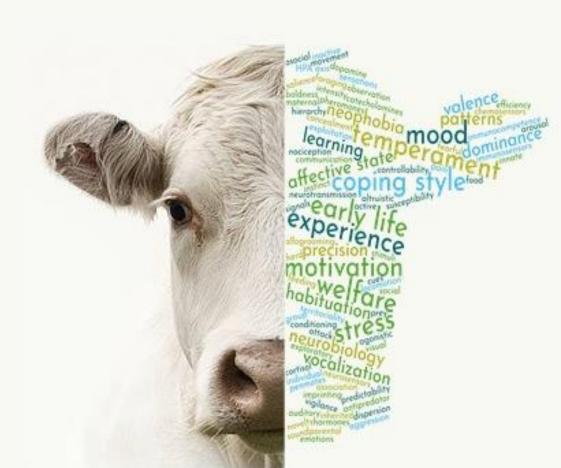


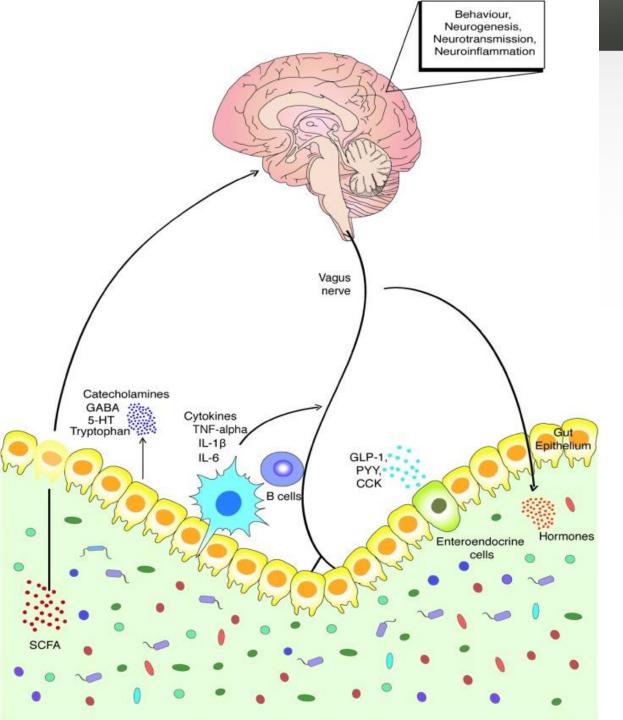


LPS = Immune challenge with lipopolysaccharide injection



- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- Relationship health-welfare
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states





# Cross-comunication host-microbes

Vagus nerve activation
Immune mediators
Microbial metabolites (SCFA)
Enteroendocrine cell signalling



Neurotransmission
Neurogenesis
Neuroinflammation
Neuroendocrine
signalling



## Gut microbes produce brain influencing chemicals

#### **Neurotrasmitters**

GABA: Lactobacillus and Bifidobacteria

Noradrenalin: E. coli, Bacillus and yeasts

Serotonin: Streptococcus, E. coli and fungi

**Dopamine**: Bacillus

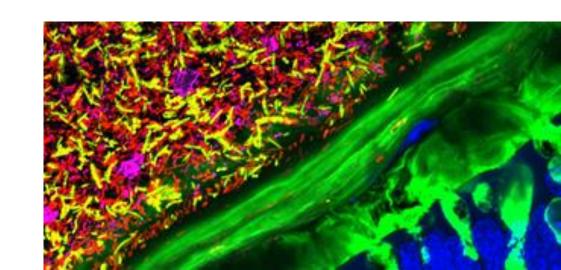
Acetylcholine: Lactobacillus

#### Hormones

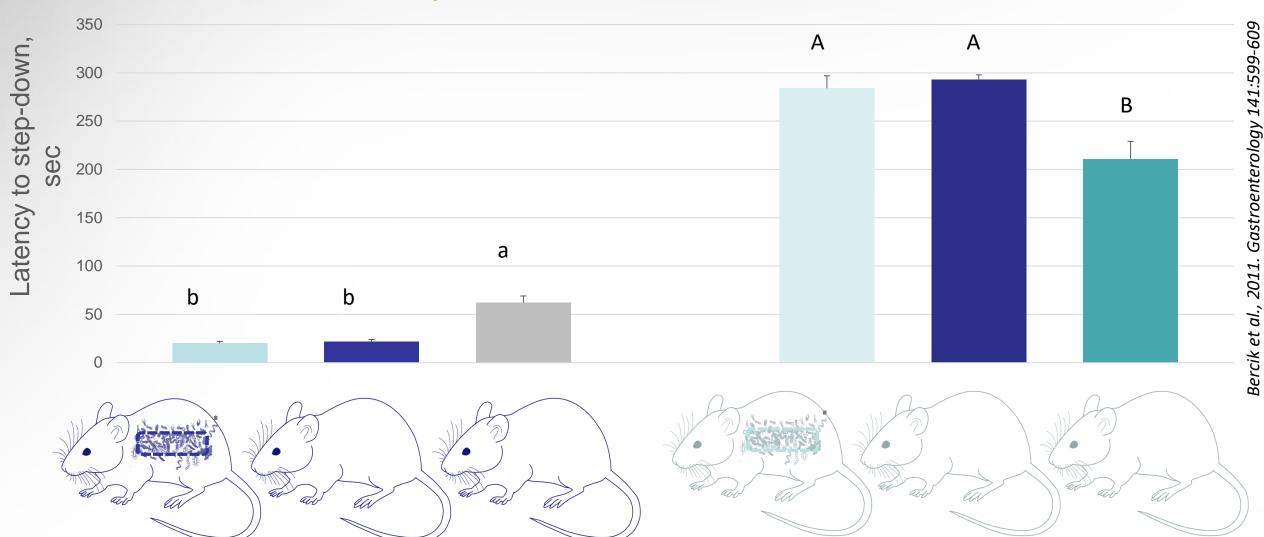
Mimics of hunger & satiety hormones:

Lactobacillus and E. coli

Androgens: Clostridium



## Microbiota Transplantation Modifies Host Behaviour



NIH Swiss (Sociable/exploratory)

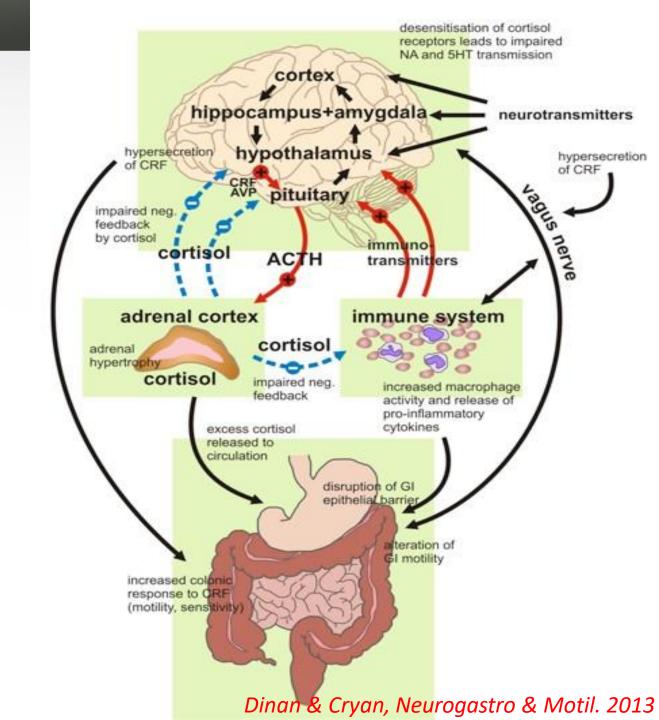
BALB/c (anxious/timid)



# The other way around: The brain modulating gut microbiome

Proteins and hormones from the host have an impact on bacterial growth, principally gram-negatives like *E. coli*. Also:

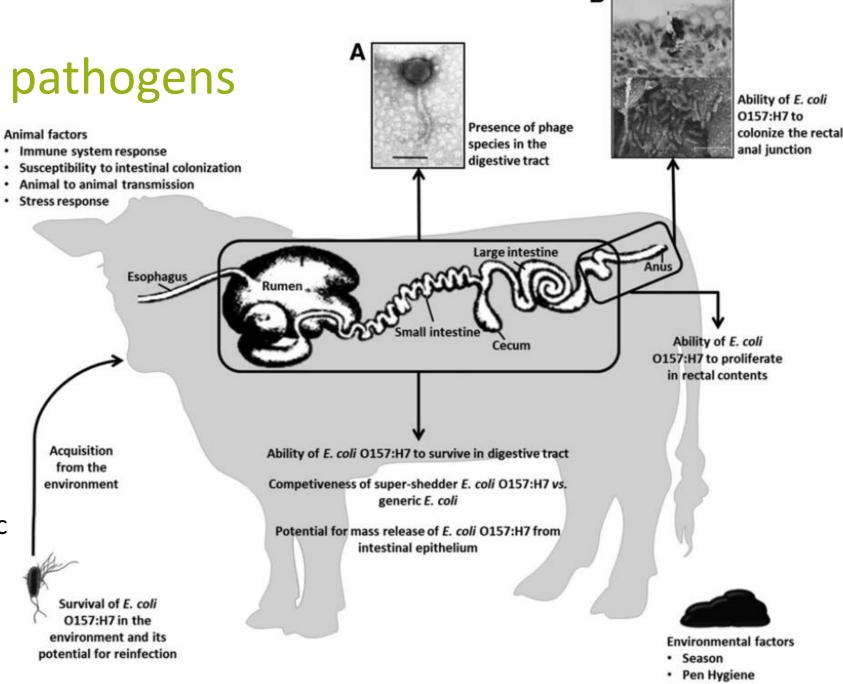
- Disruption of GI epithelial barrier
- Alteration of GI motility





## Stress & enteric pathogens

- Routine handling stress can modulate GI microflora & increase infection susceptibility
- Pathogens respond most strongly to stress hormones
- Stress promotes faecal shedding Salmonella & E. coli O157:H7
- Enteric pathogens problematic for meat industries



Diet





"activate the gustatory receptors, reinforcing the feed intake behavior"





"to maintain a balanced gut microbiota"



"The tool to promote performance and wellbeing across many animal species" "support of a positive gut microflora"



"plays an important role in microflora balance, intestinal system maturity"



"to optimize animal performance and wellbeing with specific, natural microbial product"





### **Towards Psychobiotics**

OPEN

Citation: Transl Psychiatry (2016) 6, e939; doi:10.1038/tp.2016.191

www.nature.com/tp

#### ORIGINAL ARTICLE

Bifidobacterium longum 1714 as a translational psychobiotic: modulation of stress, electrophysiology and neurocognition in healthy volunteers

AP Allen<sup>1,2</sup>, W Hutch<sup>3,4</sup>, YE Borre<sup>1</sup>, PJ Kennedy<sup>1,2</sup>, A Temko<sup>5</sup>, G Boylan<sup>3,4</sup>, E Murphy<sup>6</sup>, JF Cryan<sup>1,7,8</sup>, TG Dinan<sup>1,2</sup> and G Clarke<sup>1,2</sup>



Contents lists available at ScienceDirect

#### Brain, Behavior, and Immunity

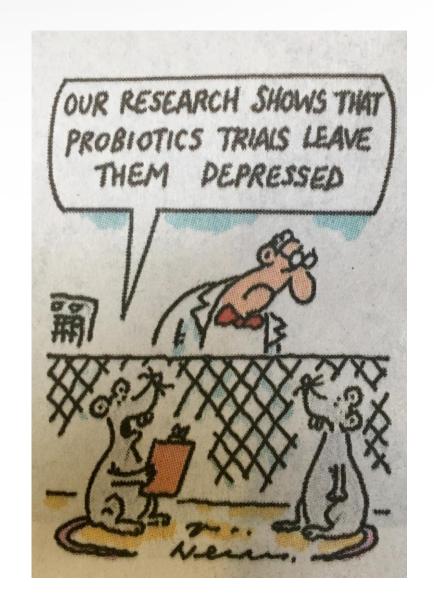
journal homepage: www.elsevier.com/locate/ybrbi



#### Full-length Article

Lost in translation? The potential psychobiotic *Lactobacillus rhamnosus* (JB-1) fails to modulate stress or cognitive performance in healthy male subjects

John R. Kelly <sup>a,b</sup>, Andrew P. Allen <sup>a,b</sup>, Andriy Temko <sup>c</sup>, William Hutch <sup>d</sup>, Paul J. Kennedy <sup>a</sup>, Niloufar Farid <sup>b</sup>, Eileen Murphy <sup>e</sup>, Geraldine Boylan <sup>d</sup>, John Bienenstock <sup>f</sup>, John F. Cryan <sup>a,g</sup>, Gerard Clarke <sup>a,b</sup>, Timothy G. Dinan <sup>a,b,\*</sup>



- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- **Relationship health-welfare**
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states





### Link between animal welfare and animal health

By default animal welfare is strongly bound to the veterinarian's role, since an animal's health has an inherent link to its well being.

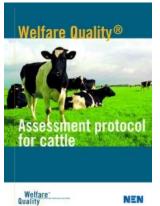




## Antimicrobial resistance and animal welfare: two sides of the same coin?

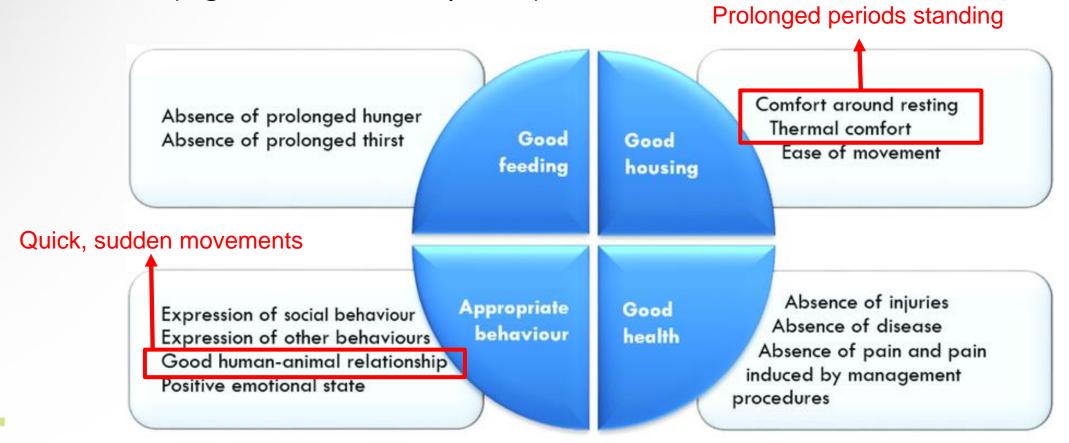
- Antimicrobial resistance (AMR) is a major health challenge.
- Inadequate massive use of antimicrobials contributes to AMR, and inadequate use on-farm is part of the problem.
- Part of a strategy for better use of antimicrobials is to improve husbandry and management procedures for disease prevention and control (inherently connected to a better animal welfare).
- Hence, improving farm animal welfare can help reduce incidence of diseases and antimicrobial use by at least three different mechanisms.





## Relationship welfare-health I

 Many welfare problems (not directly related to health) are risk factors for several diseases (e.g. lameness in dairy cows)



## Relationship welfare-health II

- Many welfare problems are associated to a stress response, which increases the risk of disease.
  - Increases gut permeability
  - Alters expression of neutrophil genes (antibacterial function)
  - Challenges immune system

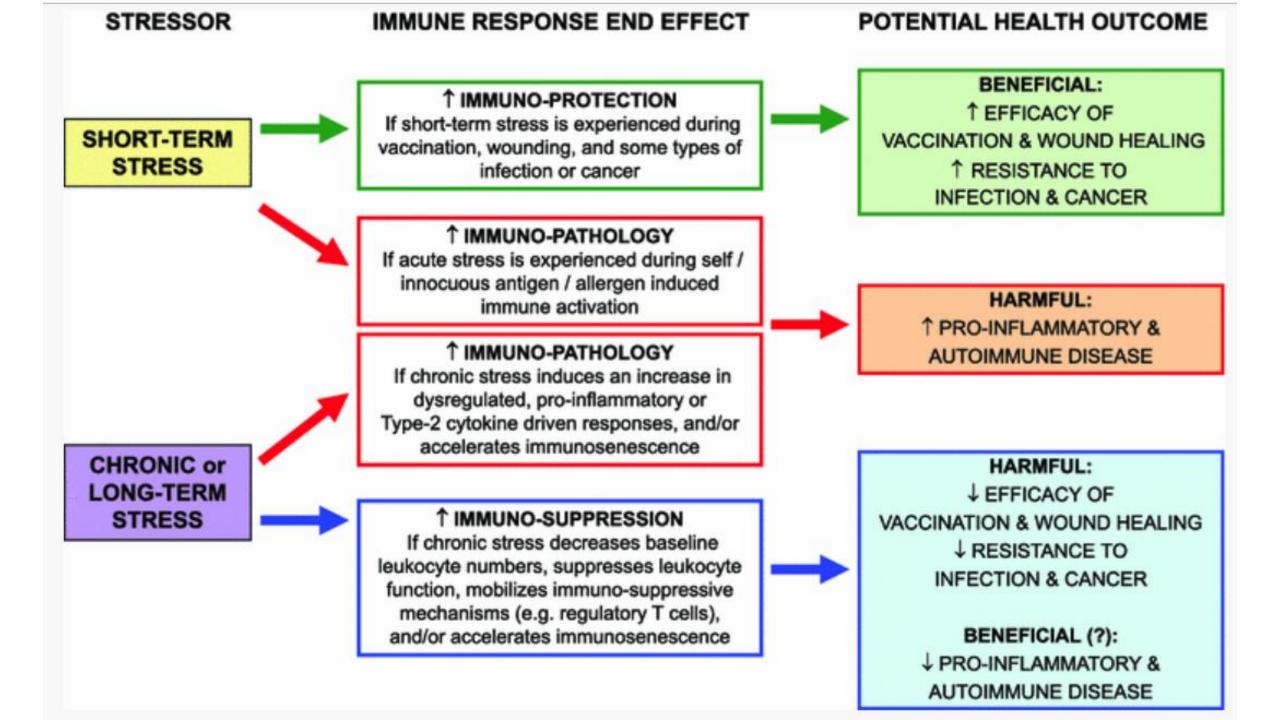
Transportation stress in young bulls alters expression of neutrophil genes important for the regulation of apoptosis, tissue remodeling, margination, and anti-bacterial function

K.R. Buckham Sporer a,b,c, J.L. Burton c,\*, B. Earley b, M.A. Crowe a

<sup>a</sup> School of Agriculture, Food Science and Veterinary Medicine, University College Dublin, Belfield, Dublin 4, Ireland
<sup>b</sup> Teagasc, Grange Beef Research Centre, Dunsany, County Meath, Ireland

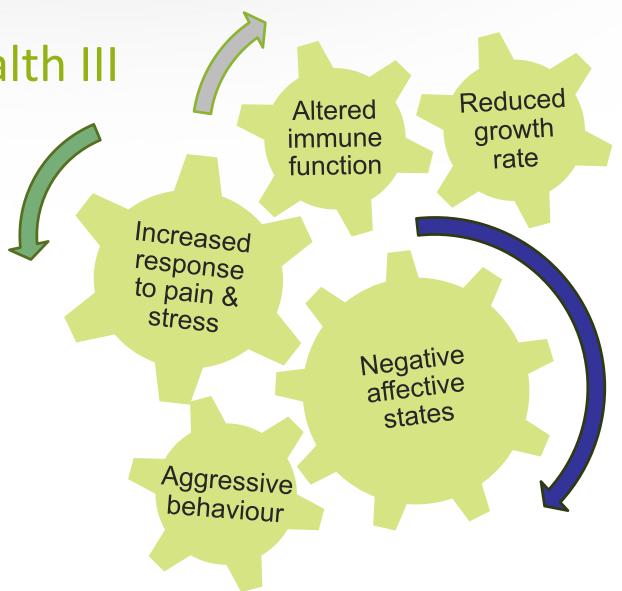
<sup>c</sup> Immunogenetics Laboratory, Department of Animal Science, Michigan State University, East Lansing, MI 48824, United States

Received 8 January 2007; received in revised form 22 March 2007; accepted 5 April 2007

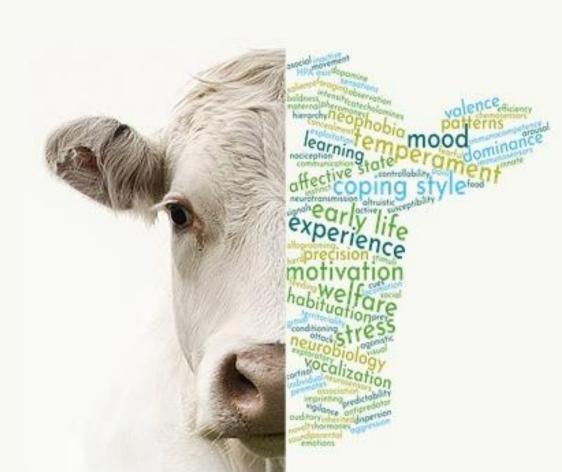


Relationship welfare-health III

- Positive welfare (positive emotional state) increases immune function
- A lot of evidence from humans.
   Not so much in animals, as difficult to assess these states, but there is indirect evidence.



- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- **Relationship health-welfare**
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states





## Transportation of Livestock

- Perceived to be one of the most stressful events
  - a) Unfamiliar sounds
  - b) Unpredictable motions (start-stop, turns)
  - c) Temperature,
  - d) Lack of water and feed
  - e) Handling during loading and loadout
  - f) Crowding
  - g) Issues related to cull cows
  - h) Etc.
- Important public and trade concerns worldwide (Harris, 2015)



### Legislation on live animal transportation



- Code of Practice
  - a) Transportation Currently under review (Projected completion: Spring 2023).
  - b) Beef Code of Practice (2013)
- Health of Animals Regulations (CFIA)
  - People/companies involved in ownership, production, buyers, exporters, importers, transporters, handlers, processors, assembly centres, feed/water/rest stations
- Transport regulations (HAR Part XII) are 40 years old



## THEWESTERN PRODUCER

News

**Opinions** 

Markets

Machinery

Livestock

Crops

Farm Living

Video

Farmžilla Classifieds

Subscript

#### **FREE NEWSLETTER SIGNUP**

#### YOUR READING LIST

Feds pressed on new animal transportation regulations

Feb 14, 2019

LIVESTOCK

Manitoba farmers concerned about new trucking regulations

Feb 14 2010

NFWS

## Feds pressed on new animal transportation regulations

By Barb Glen

Published February 14, 2019
Livestock, News

0 comments

In a letter dated Feb. 6, a bevy of humane societies from Montreal to Vancouver, along with animal welfare and animal rights groups including Mercy for Animals, Toronto Pig Save, Animal Alliance of Canada and the Save Movement, asked MacAulay to release updates to the Health of Animals Regulations — Humane Transportation, which has been in the works for years.

Thirty signatories in a letter to federal Agriculture Minister Lawrence MacAulay have asked for immediate release of new rules governing livestock transport.







<u>Home</u> > <u>Canadian Food Inspection Agency</u>

## Government of Canada announces changes to humane transport requirements under the Health of Animals Regulations

From: Canadian Food Inspection Agency

#### News release

**February 20, 2019,** Ottawa, ON

The Canadian Food Inspection Agency (CFIA) understands the importance of the health and wellbeing of animals to Canadians and the Canadian economy. Today marks an important achievement with the publication of amendments to the Health of Animals Regulations (Part XII) on animal transportation.







National Voice Of Cattle Producers

### Statement

### CCA concerned new Animal Transport Regulations will undermine cattle welfare rather than enhance it

February 20, 2019

Calgary, AB – Proper cattle care and welfare are paramount in the Canadian beef industry. The cattle industry's objective is for animals under transport to arrive successfully at their destination in good health and condition, without injury and while minimizing stress. Agriculture and Agri-Food Canada (AAFC) research shows that 99.95 per cent of cattle on long-haul journeys reach their destination in good condition.

While the intent of the revised Health of Animals – Transport Regulations published today is presumably to seek improvements in the remaining 0.05 per cent, the Canadian Cattlemen's Association (CCA) anticipates the revisions will likely increase stress to cattle and opportunity for injury. This is mostly due to the changes in regulations requiring more loading and unloading for rest stops.

The CCA questions why the revised regulations ignore the Government of Canada's own research and why they were released prior to the completion of ongoing research that would inform a decision on how to change the regulations to ensure the best outcomes for animal care. This research, funded in part by AAFC, will collect data through 2021 and is being conducted using commercial cattle, transport trailers, and drivers under typical commercial distances and conditions in Canada, as it is important to base regulations on directly relatable conditions and scenarios. This research will inform science-based industry best practices to ensure animal welfare is safeguarded during transport.



## Changes to existing regulations

Longer routes requires unloading and provision for feed, water, and 8-h rest (from 5 hours)

- Maximum duration
  - 12 h for young calves single transport event (from 18h).
  - 36 h for bovines with functioning rumen (from 48h).
  - 12 h for compromised cattle (from no specification).

Changes come into force February 20, 2020

Two year transition period.

CFIA will focus its activities for feed water and rest times on compliance promotion through education and awareness measures for the first two years.



## Effect of rest stop duration during long-distance transport on welfare indicators in recently weaned beef calves

40 newly weaned beef calves (260 ± 32.6 kg BW)

15 h	5 h			
15 h	5h rest	5 h		
15 h	10h res	t	5 h	
15 h	15h rest		5 h	

Body weight	Time lying	Hapto- globin	Subst. P	NEFA	Cort. – Saliva	Cort. – Hair
=	<b>\</b>	1	=	<b>\</b>	1	1
=	1	<b>\</b>	=	1	<b>\</b>	<b>\</b>
=	1	<b>\</b>	=	1	<b>\</b>	1
=	1	<b>\</b>	=	<b>\</b>	1	1

Rest stop periods ≥10 h did not prevent short- and long-term stress after transport





## Effect of rest stop duration during long-distance transport on welfare indicators in recently weaned beef calves

40 newly weaned beef calves (260 ± 32.6 kg BW)

12 h 4 h

12 h 4 h rest 4 h

12 h 8 h rest 4 h

12 h 12 h rest 4 h

Body weight	Temp.	Hapto- globin	WBC	NEFA	Cort. – Saliva	Cort. – Hair
<b>↓</b>	=	=	=	=	=	=
<b>↓</b>	=	=	=	=	=	=
1	=	=	=	=	=	=
<b>↑</b>	=	=	=	=	=	=

Rest stop periods ≥10 h did not prevent short- and long-term stress after transport





## Effect of rest stop duration during long-distance transport on welfare indicators in recently weaned beef calves

40 newly weaned beef calves (260 ± 32.6 kg BW)

36 h 4 h

36 h 4 h rest 4 h

36 h 8 h rest 4 h

36 h 12 h rest 4 h

Body weight	Time lying	Hapto- globin	Subst.	NEFA	Cort. – Saliva	Cort. – Hair
↓ ↓	=	=	=	1	=	=
<b>1</b>	=	=	=	$\downarrow$	=	=
<b>↑</b>	=	=	=	$\downarrow$	=	=
<b>↑</b>	=	=	=	1	=	=

Rest stop periods ≥10 h did not prevent short- and long-term stress after transport



### Health of animals regulations

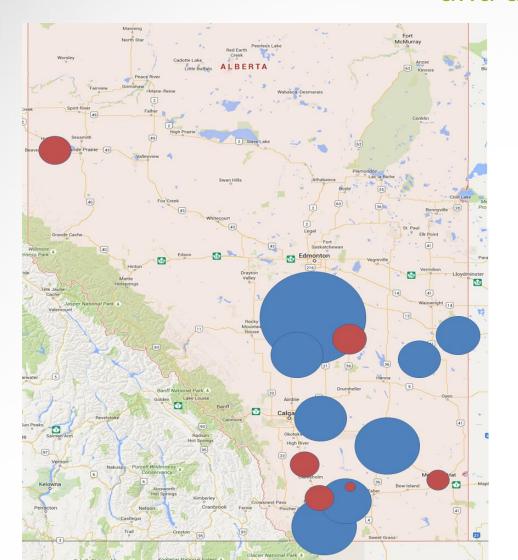
- Animal must be fit for transport before the journey begins and monitored at a reasonable frequency to ensure it remains fit
- Must assess ability of cattle to tolerate transportation at time of first loading
- **Compromised**: Animals with reduced capacity to withstand the stress of transportation, may only be transported with special provisions for care, euthanasia or slaughter.
- Unfit: Animals with high risk of undue suffering during transportation, should not be transported except for veterinary



If there is debate between unfit and compromised, the default is unfit.



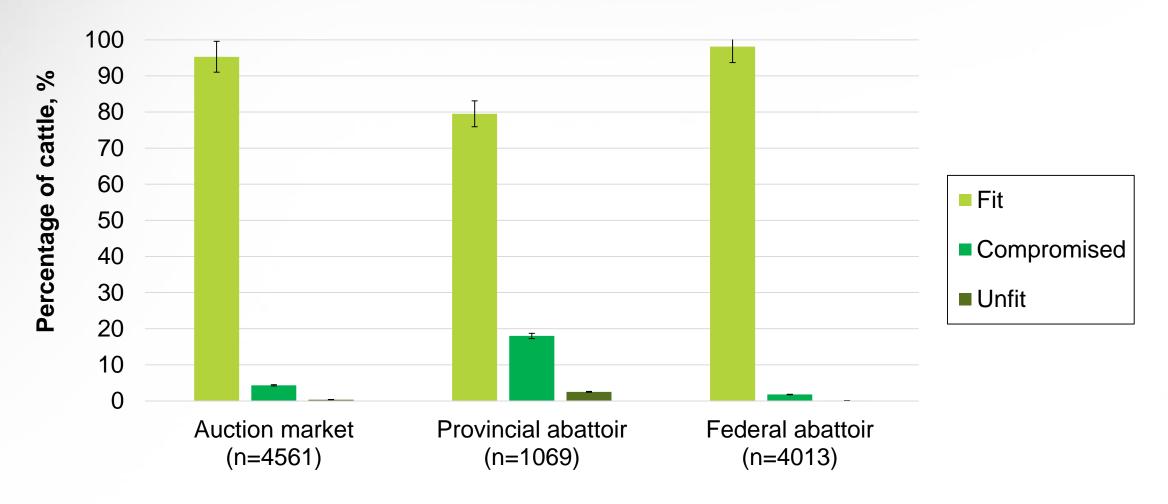
## Benchmarking indicators of cattle transport fitness on arrival to Alberta auctions and abattoirs



- A total of 8 out of 22 auction markets, and 11 out of 43 provincial abattoirs.
- Visited monthly to assess indicators of compromised condition in a representative proportion of cattle
- Characterizing the indicators of compromised conditions in this benchmarking study allows for the identification of important conditions to aid in the development of intervention strategies

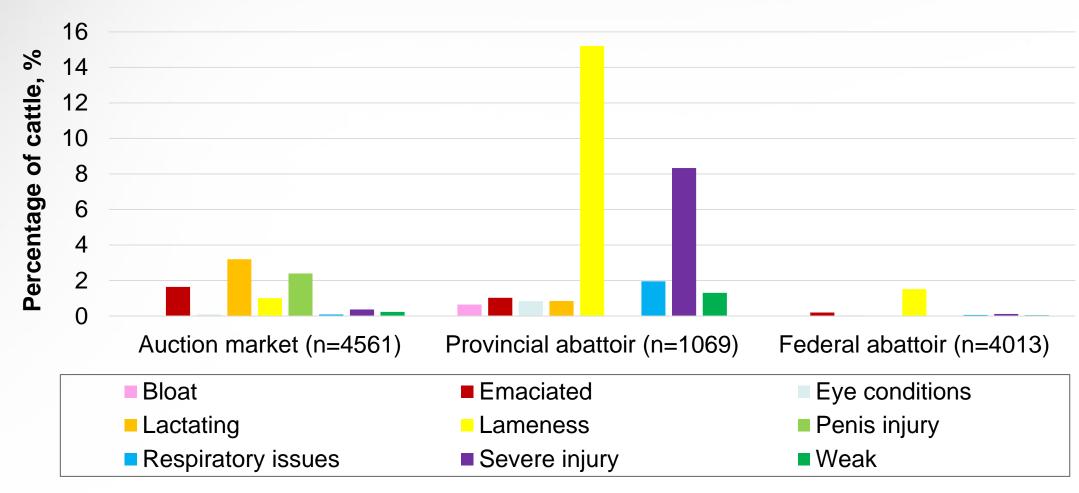


## Benchmarking indicators of cattle transport fitness on arrival to Alberta auctions and abattoirs





## Benchmarking indicators of cattle transport fitness on arrival to Alberta auctions and abattoirs



- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- **Relationship health-welfare**
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states







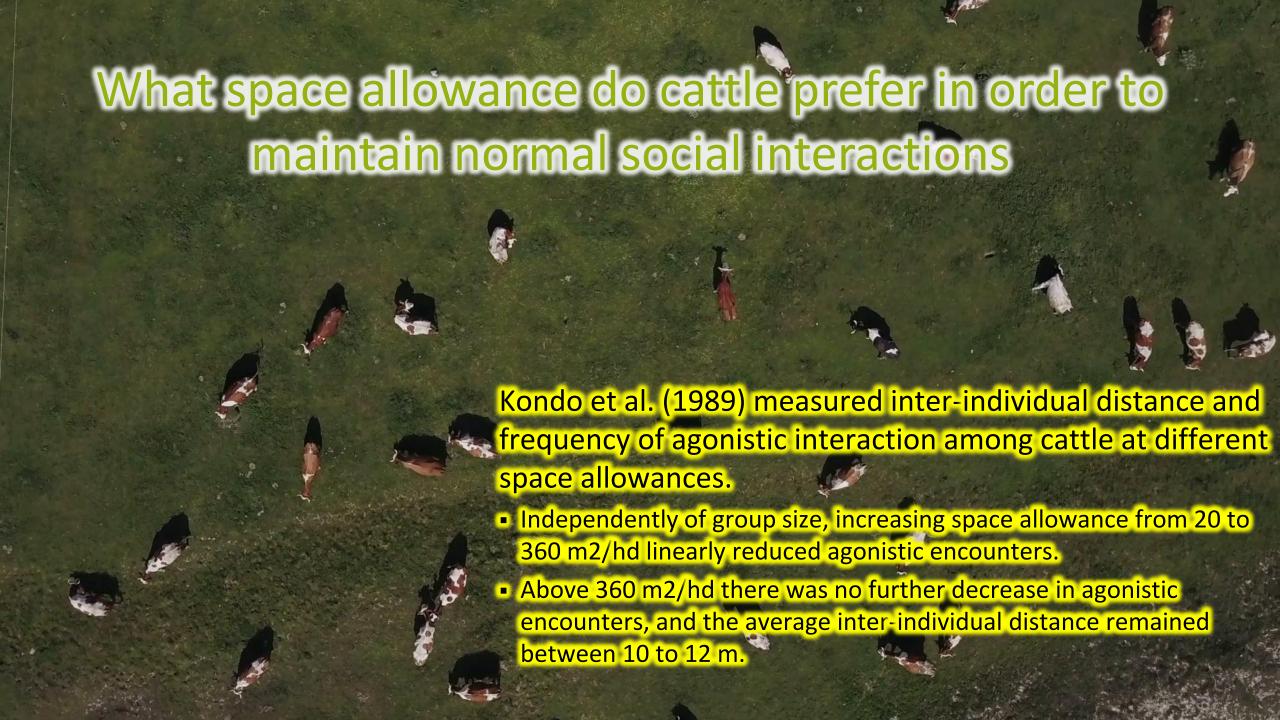








- All cattle in a group must have sufficient space to adopt normal resting postures at the same time.
- Cattle kept in groups must be able to move freely around the pen and access feed and water.
- Stocking density must be managed such that weight gain and duration of time spent lying is **not adversely affected** by crowding.















**Outcome-based measures** that the livestock producer can use for assessing the suitability of housing and stocking density include:

- Changes in normal cattle behaviour (bulling/riding)
- Morbidity and mortality rates for lameness and injuries
- Poor performance (e.g. body weight, average daily gain, feed efficiency, daily dry matter intake)
- Abnormal physical appearance.







When assessing stocking density, it is important for the auditor to ensure that there is sufficient effective area for the animals to lie down. For example, if the pen has a water hole in the back two-thirds of the pen, the cattle cannot lie down in this area so the pen area that is available to lie down is reduced accordingly.



#### ANIMAL HEALTH AND WELFARE

Feeding areas and pastures allow cattle to express normal behaviours including resting postures.

Goal:	Cattle shall be kept in an environment conducive to normal behaviour in feeding areas and pastures.			
No		Achievement		
(Score: 0)		(Score: 1)		
		Adequate space shall be provided for cattle to express normal behaviour (i.e. all cattle are able to lay down at the same time; cattle can move freely and access feed and water).		



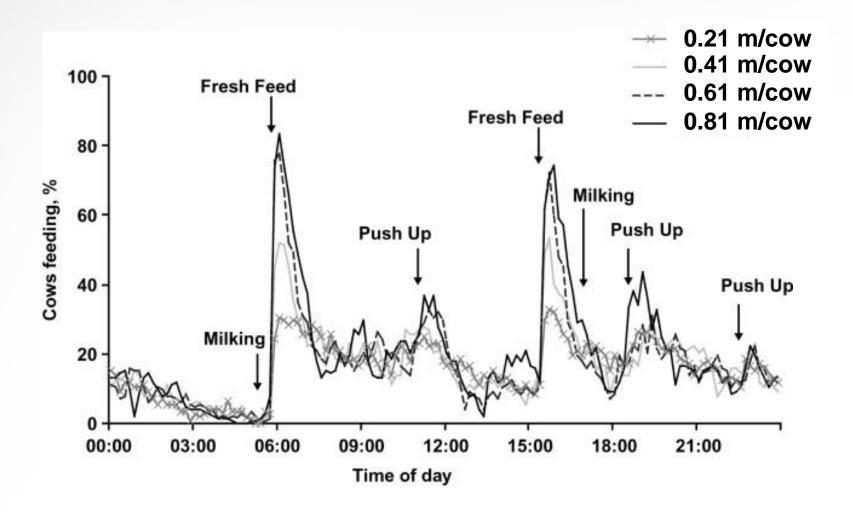


- Close proximity to other animals, human infrastructure and human handling may increase the incidence of stress-mediated diseases (e.g. BRD), particularly in animals that have been transported directly from free-ranging conditions and therefore have not been acclimatized to highly human-modified environments.
- Social dynamics within highly populated pens may impact feed consumption patterns, with potential implications on **gut health (e.g. acidosis)**, **feed efficiency**, **growth performance**, and **carcass value** (e.g. marbling score and liver abscesses).

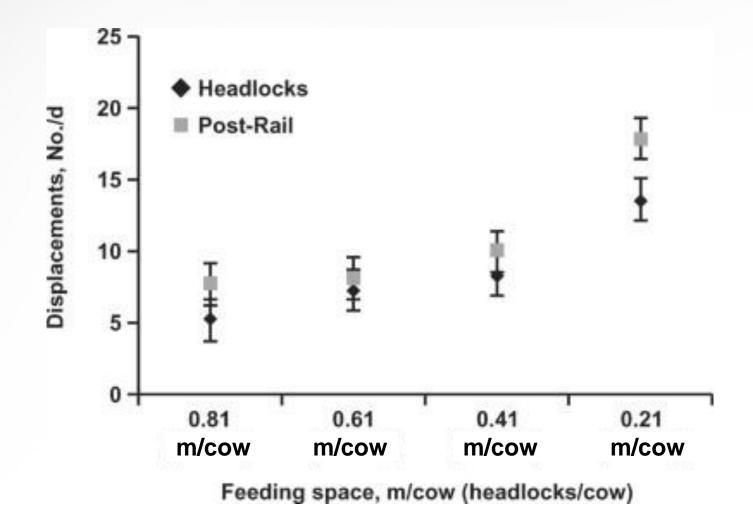




### Lower feed bunk space = Altered eating patterns



### Lower feed bunk space = Altered social behaviour



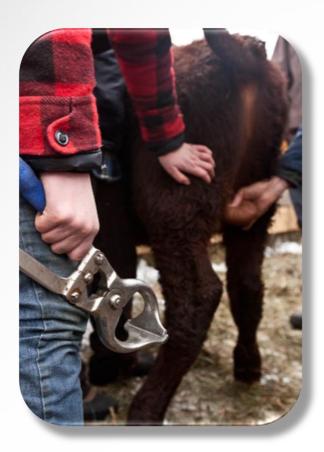


- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- **Relationship health-welfare**
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states





## Painful procedures









#### Animal Protection Act, 2017

"No person shall cause or permit the animal to be in distress"

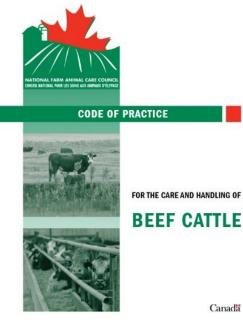
"An animal is not considered to be in distress if it is handled in accordance with generally accepted practices of animal management"

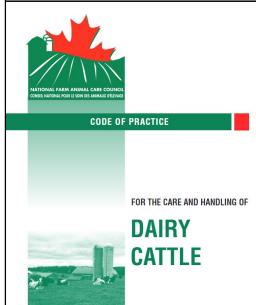
#### The Animal Protection Regulations, 2000 (SR 32/2015)

"Code of Practices developed by the NAFCC for the care and handling of farm animals are prescribed as acceptable"

#### Criminal Code Of Canada 1985 (2008, c. 12, s. 1)

"Every one who wilfully wounds or injures cattle is guilty of an offence punishable on summary conviction and liable to a fine not exceeding ten thousand dollars or to imprisonment for a term of not more than eighteen months or to both."





#### CASTRATION OF CATTLE, SHEEP, AND GOATS—POSITION STATEMENT

"Although not all National Farm Animal Care Council (NFACC) Codes of Practice currently require the use of anaesthesia and analgesia for castration of all ages of ruminants, the CVMA holds that economic considerations (...) should not influence the use of pain control for castration."

"The CVMA encourages veterinarians to:

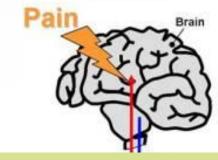
- a) ensure that their clients are trained in the appropriate methods to use for castration, how to provide pain control, and how to recognize acute and chronic pain; and
- b) make appropriate pain control drugs available for their clients to use when they themselves are castrating animals."



#### **Definitions**

Anatomical, physiological and biochemical mechanisms involved in pain

Transduction of physical energy (noxious stimuli) into electric activity at the peripheral nociceptor (thermal, mechanical or chemical)



There is general agreement that all vertebrates are capable of experiencing pain.

the nervous system.

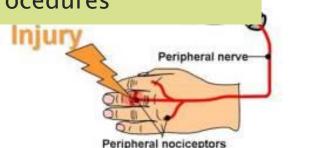
Dorsal Horn

rsal Root

anglion

The assumption of similarities in pain between humans and animals is a useful rule of thumb. However there might be significant differences between species and procedures

4. **Interpretation** at the cerebral cortex to achieve the final conscious and emotional experience of pain.







« This page is a work in progress. Follow this link to return to the CBCNews.ca you know

## Lobsters 'very likely' feel pain when boiled alive, researcher says

Robert Elwood admits his research has been met with mixed reaction

Nicole Williams · <u>CBC News</u> January 17, 2018



"Different animals have very different nervous systems that have evolved to do the same thing. You can't discount pain simply because the brains are different". Dr. Elwood, Queen's University, Belfast

#### Response to pain

Animals vary greatly in the way they respond to pain:

- Horses quite excitable.
- Cattle are fairly stoic.
- Prey animals may disguise the fact they are in pain to avoid attracting attention of predators.

Responses include changes in behavior, retarded growth, impaired breeding, stress, and disregard of body care

It can be measured!





#### Pain indicators

- No gold standard to assess pain in animals.
- Often studies look at multiple outcomes,
   which are the good ones?
  - Validated
  - Appropriate based on sample size, collection method, biologically relevant,...
  - Repeatable/Reproducible

#### Behavioral outcomes

Vocalisation – call duration

Vocalisation - call rate

Vocalisation - main frequency

Vocalisation - peak amplitude

Vocalisation - peak frequency

Activity event - defecation

Activity event – escape attempts

Activity event – urination

Activity event - other

Activity state - lying

Activity state - playing

Activity state - running

Activity state - sitting

Aggression event

Avoidance event

Body movement event - ear flicking

Body movement event - head shaking

Body movement event - rear end movement

Body movement event - other

Feeding event - suckling/nursing

Feeding event - teat seeking/udder mouthing

Feeding event - teeth champing/chewing

Feeding state - suckling/nursing

Feeding state - teat seeking/udder mouthing

#### Non-behavioral/physiological outcomes

β-endorphins<sup>1</sup>

Body temperature

Cortisol1

Electrocardiography (ECG)

Electroencephalography (EEG)

Heart rate

Respiratory rate

Norepinephrine<sup>1</sup>

Adrenocorticotrophic hormone (ACTH)

Epinephrine

Haptoglobin

Substance P



### Signs of pain - Observation

- First assessment tool available for you on meeting an animal
- Minimally intrusive
- When skilled, it's a powerful and reliable indicator of well-being





## Signs of pain - Observation

Posture	Temperament	Vocalization	Locomotion	Other
Standing on 3 legs	Aggressive	• Quiet	• Lameness	Dropped eye
	Charging	Grunting     Abnormal gait	lids	
Recumbent	Kicking	<ul> <li>Bawling with</li> </ul>	Non-weight-	<ul> <li>Dull eyes</li> </ul>
<ul> <li>Arched back</li> </ul>	Docile	acute pain	bearing	<ul> <li>Isolated</li> </ul>
<ul> <li>Tail tucked</li> </ul>		<ul> <li>Grinding teeth</li> </ul>	Reluctance to	<ul> <li>Lack of</li> </ul>
Abnormal			move	interest in surrounding
position of feet & legs	3			Lack of
Weight shifting				appetite
				Drop in milk
Dropped ears     Ctan ding with				production
<ul> <li>Standing with head lowered</li> </ul>				<ul> <li>Tail swishing</li> </ul>
				• Ear flick
			<b>/ T</b>	Head scratch /
				pressing



### Not all evidence is created equal

 When looking at studies to collect your evidence, need to consider if the study reflects the question you are interested in. Also: animals used, intervention/exposure, relevant control group, study design,...

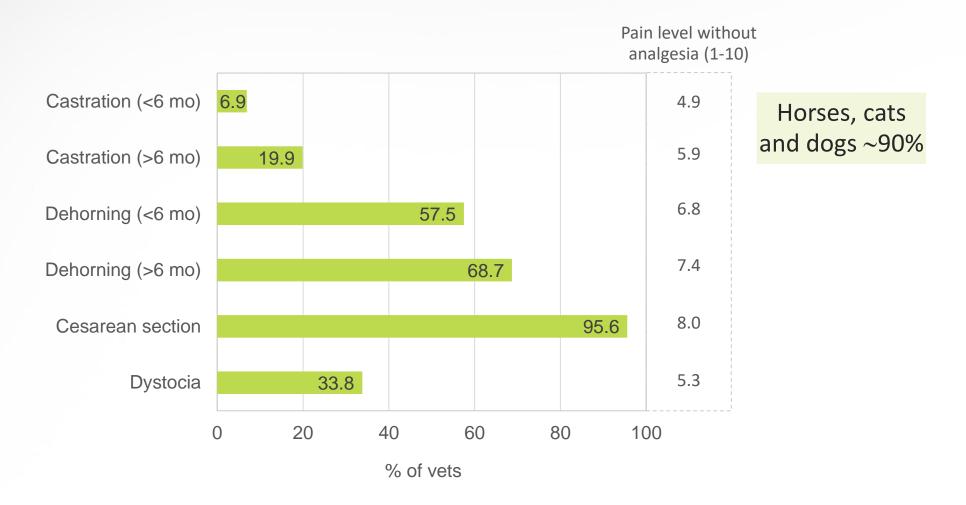
NSAID	Study	Route	Dose	Time
Carprofen	Stilwell (2009)	i.v.	1.4 mg/kg	15 min predisbud
	Stilwell et al. (2012)	i.v.	1.4  mg/kg	15 min predisbud
	Stock et al. (2015)	Oral	2.0  mg/kg	5 min predisbud
	Stock et al. (2016)	s.c.	1.4  mg/kg	
	Stock et al. (2016)	Oral	1.4  mg/kg	10 min predisbud
Dexketoprofen	Korkmaz et al. (2015)	i.v.	3.0  mg/kg	30 min predisbud
Firocoxib	Stock et al. (2015)	Oral	0.5  mg/kg	10 min predisbud
	Stock (2015)	Oral	2.0  mg/kg	5 min predisbud
Flunixin meglumine	Huber et al. (2013)	i.v.	2.2  mg/kg	At disbudding
	Huber et al. (2013)	i.v.	2.2  mg/kg	At disbudding, 3 h postdisbud
	Stock (2015)	Oral	2.3  mg/kg	5 min predisbud
Ketoprofen	Duffield et al. (2010)	i.m.	3  mg/kg	10 min predisbud
	Faulkner and Weary (2000)	Oral	3  mg/kg	2 h predisbud and 2 and 7 h postdisbud
	Milligan et al. (2004)	i.m.	3  mg/kg	10 min predisbud
Meloxicam	Allen et al. (2013)	Oral	1  mg/kg	12 h predisbud
	Allen et al. (2013)	Oral	1  mg/kg	At disbudding
	Heinrich et al. (2009)	i.m.	0.5  mg/kg	10 min predisbud
	Heinrich et al. (2010)	i.m.	0.5  mg/kg	10 min predisbud
	Mintline et al. (2013)	i.v.	0.5  mg/kg	55 min predisbud
	Stock (2015)	Oral	2.0 mg/kg	5 min predisbud

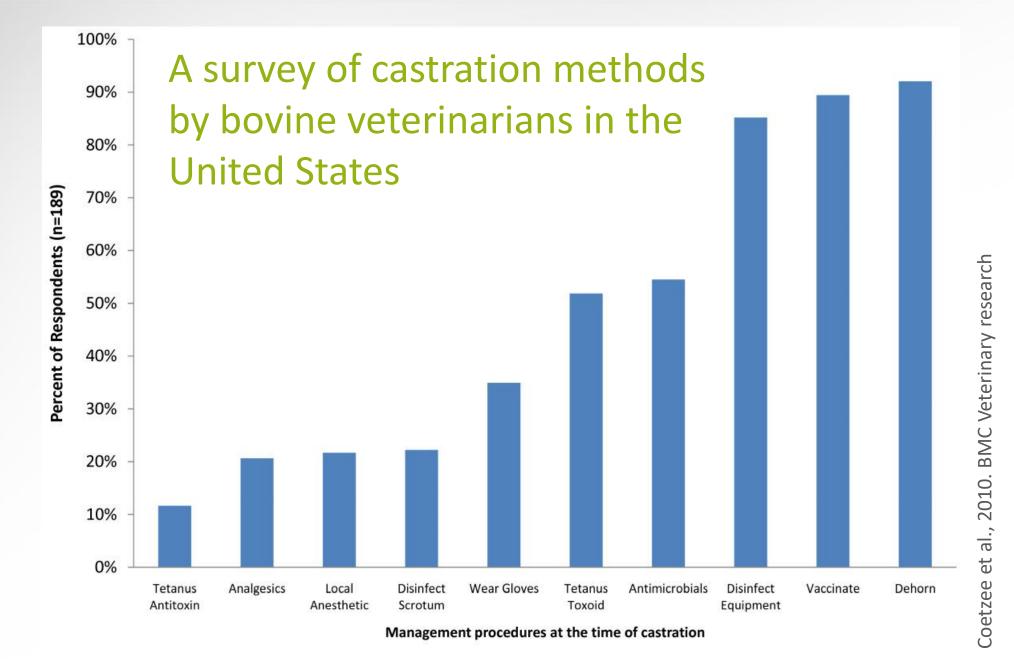
#### Castration

- To avoid unwanted breeding, reduce aggression (improve human and animal safety) and improve carcass quality.
- Code of Practice requirements:
  - Castrate calves as young as practically possible (preferably <1 week)</li>
  - Castration must be performed by competent personnel using proper instruments
  - Seek guidance from your veterinarian on method, timing and pain control
  - EFFECTIVE JANUARY 1, 2018: Use pain control to mitigate pain associated with castration in bulls older than 6 months



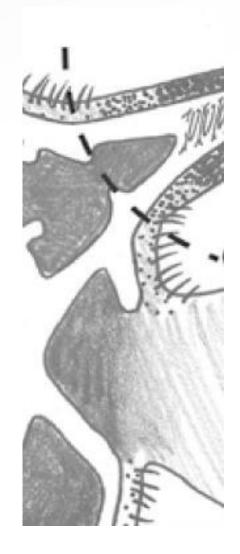
#### Percent of vets using analgesia





## Dehorning / Disbudding

- To decrease the risk of injury for handlers and other cattle, and minimize the economic loss due to carcass bruising
- Code of Practice requirements:
  - Disbud calves as early as practically possible (<2-3 months)</li>
  - Dehorning must be performed by competent personnel using proper instruments
  - Seek guidance from your veterinarian on pain control
  - EFFECTIVE JANUARY 1, 2016: Use pain control to mitigate pain associated with dehorning after horn bud attachment







### **Branding**

- Permanent animal identification, easy to identify from a distance, and legally accepted as proof of ownership. It may be required by community pastures, lending institutions or for export.
- Minimize the pain of branding by using correct techniques: Hot iron or freeze branding
- Code of Practice requirements:
  - All cattle must be identified using an approved ear tag as stipulated by applicable regulations.
  - It must be performed with the proper equipment, restraint and by competent personnel
  - Do not brand wet cattle due to risk of scalding





#### Pain mitigation strategies

- Procedures are much less invasive in **young animals**. The wound is smaller, there is considerably less blood loss, and young animals recover more quickly with a smaller setback in animal performance.
- Performed by a **competent operator** using clean, properly maintained tools, is the simplest way to reduce pain during painful routine management procedures.
- Painful procedures **should not be performed** during times when the animal will be **experiencing other stressors** (e.g. don't castrate at the same time as weaning). Stress reduces the animal's
  immune system and makes them less able to fight off infection.

### Using drugs for pain control

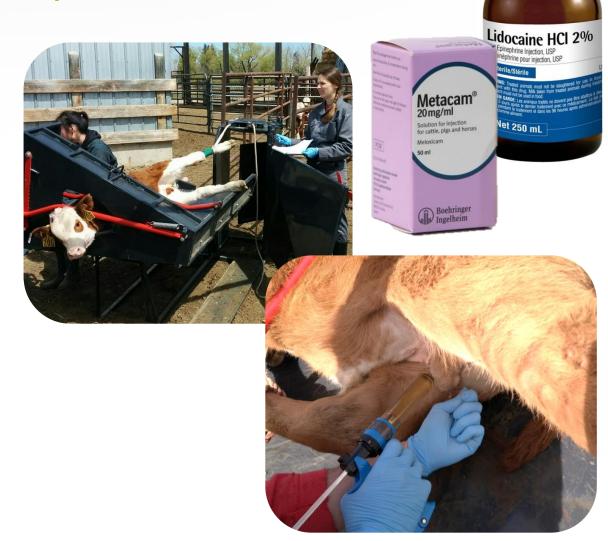
Use of anesthetics or analgesics can also help to control pain, especially in older animals. Work closely with the veterinarian to develop a pain mitigation strategy that works in a particular situation.



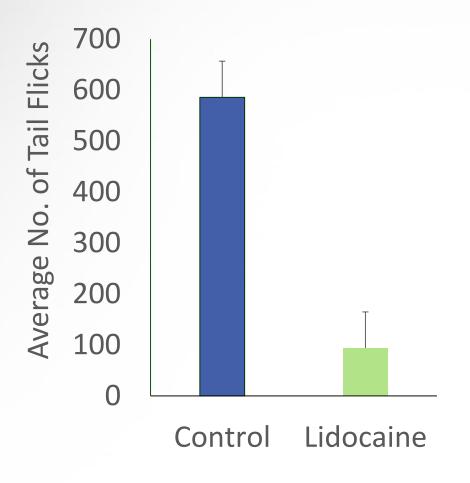


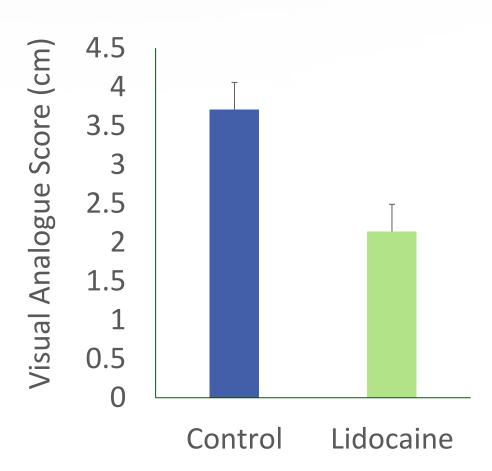


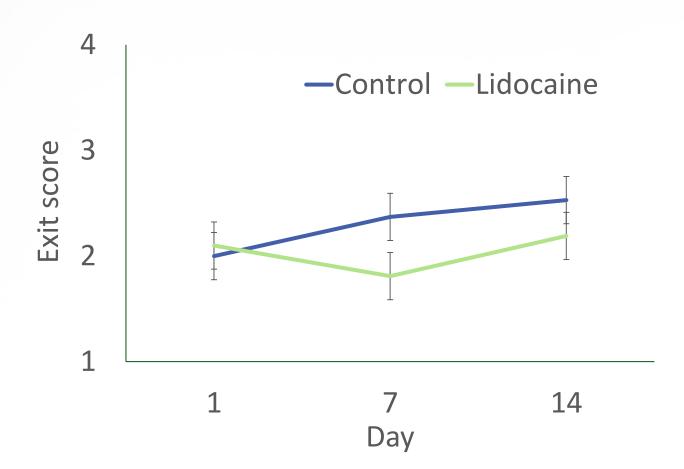
- 40 Hereford cross bull calves (47.9 ± 10.43 d)
  - ➤ Meloxicam (2.5 mL SQ) (Control)
  - Meloxicam (2.5 mL SQ) + lidocaine (10 mL in scrotum 90 s before).





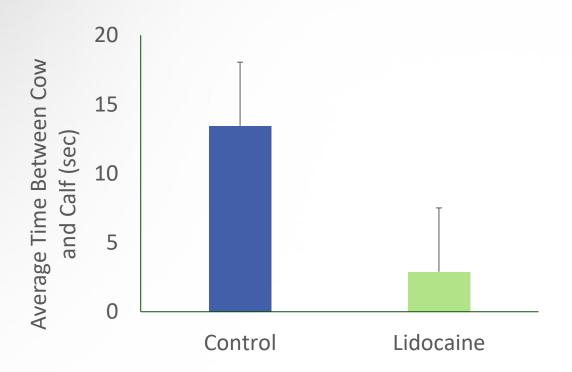


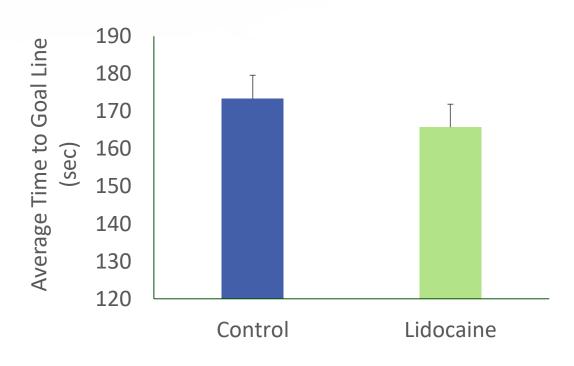














- What does "welfare" mean?
- One Welfare
- **Gut-Brain axis**
- Relationship health-welfare
- Live animal transportation
- Stocking density
- Painful procedures
- Affective states



# A representation of stimulus processing

3. Perceptions

(valence, salience, intensity, controllability and predictability)

4. Affects (sensations, motivations, emotions, moods; valence and arousal)

#### 2. Sensors

(Neuro-, chemo-, and Immunosensors)

#### 1. Stimuli

(Abiotic, resources, social, predators, internal, pathogens)

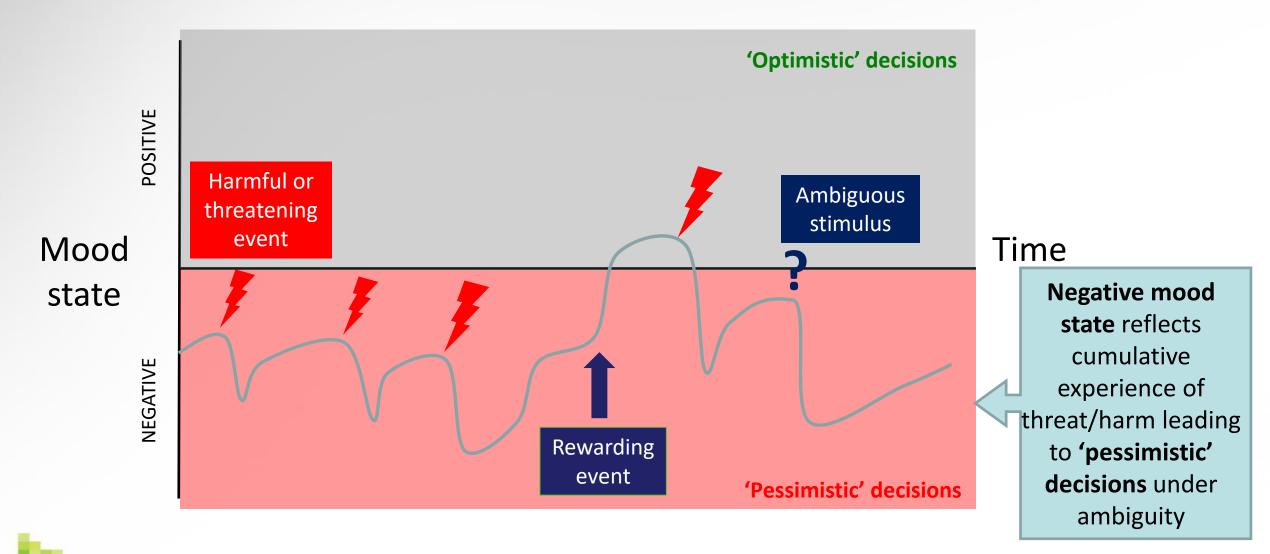
#### 5. Response

(Physiology, Behaviour, Immune, Morphology and Cognition)

Colditz and Hine, 2016

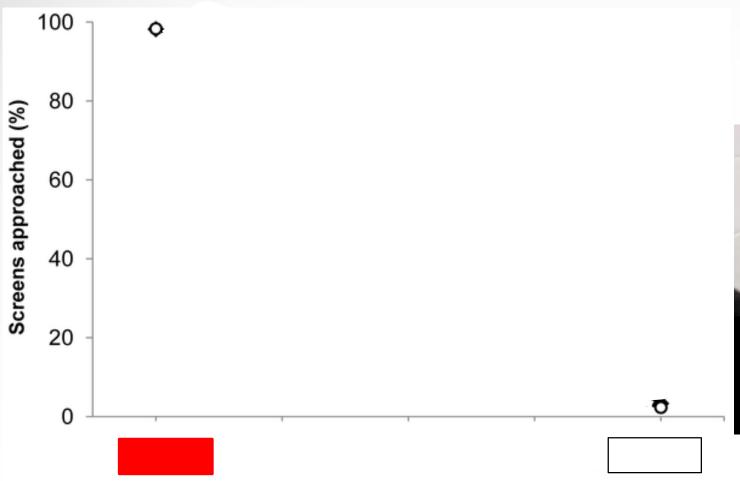


#### Moods integrate past experience and guide decision-making





#### Judgement bias tasks reveal differences in decision-making under ambiguity



## Chronic stress leads to pessimistic bias





## SUMMARY: Applying the One Welfare framework to the beef cattle industry

- Pressure towards more sustainable systems:
  - More animal-friendly production systems
  - Low use of antibiotics (One Health)
- More attention to animal welfare:
  - Prevent painful procedures
  - Provide animals with behavioural possibilities
  - Assess affective states
- Farm economy
  - Farmers with a healthier income
  - Consumers prepared to pay for added value

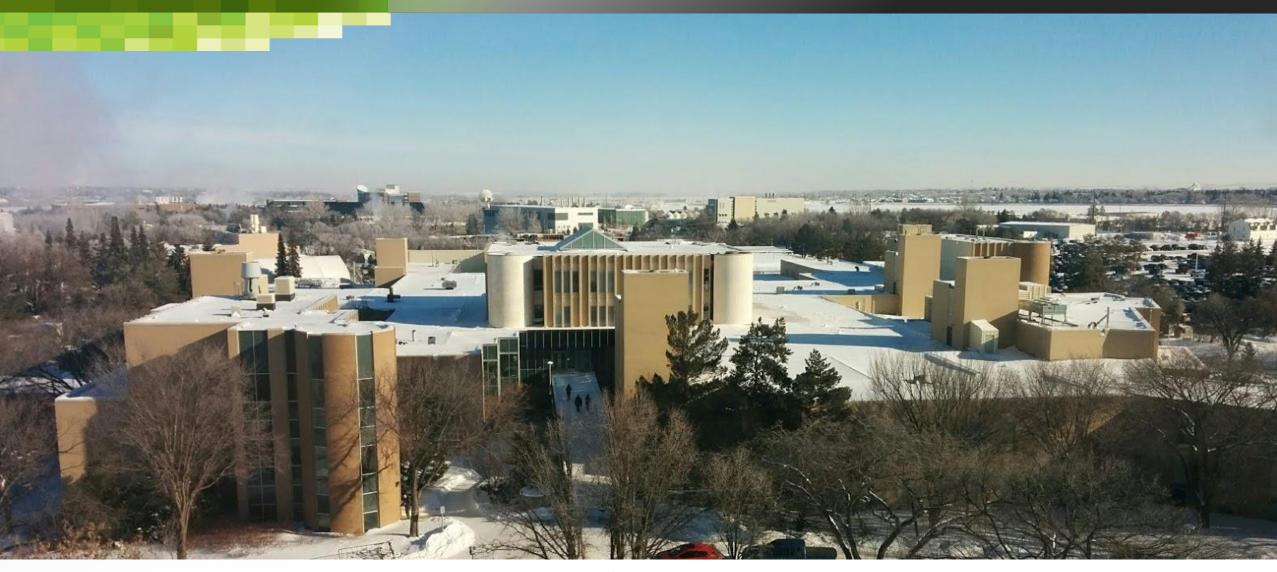






### My take home messages

- Industry standards, codes of practice and communication strategies are increasingly influenced and shaped by citizens' demands and consumers' behaviours towards welfare issues.
- We all have to keep working on getting our message across to the general public and policymakers, and connect with consumers' sensitivities.
- Animal welfare is important due to ethical reasons, but also due to its impact on animal health (consequences for all stakeholders).





M diego.moya@usask.ca



② @DiegoMoyaSask





**UNIVERSITY OF SASKATCHEWAN** Western College of **Veterinary Medicine** 

USASK.CA/WCVM