A webinar presented in partnership by the

Canadian Veterinary Medical Association and Merck Animal Health

This webinar will be recorded and available for viewing.

It's Time to talk about Trauma in Veterinary Medicine: Build Awareness, Create Connection, and Inspire Hope

Trauma shows up everywhere in our world currently, and the veterinary medical workplace is no exception. In honour of the Canadian Mental Health Association's **Annual Mental Health in the Workplace Week**, join Dr. Leann Benedetti as she shares her own career journey through a trauma lens.

In this webinar we explore trauma as a concept, one that has potentially insidious and far-reaching impact on our quality of life as veterinary professionals.

Note: The concept of trauma is discussed in this webinar which may bring up difficult emotions and trigger challenging experiences for some people. No specific traumatic event will be discussed. A mental health expert will be available as a safety support resource for one-on-one text or chat during the webinar.

Join us for a 1-hour webinar on Friday, May 5, 2023 at 12 p.m. EST.

In recognition of the Canadian Mental Health Association's Annual Mental Health in the Workplace Week and in support of the Time to Talk about Mental Health in Vet Med awareness campaign, this webinar is available to all veterinarians, student veterinarians, RVTs, student RVTs, and all veterinary workplace staff.

Register Here

You will receive a confirmation email containing information about joining the meeting after registering.

Leann Benedetti, DVM

Dr. Leann Benedetti provides innovative wellness solutions for the Human Beings of Veterinary medicine as 'The Veterinary Coach,' which she founded in 2017. As a past practice owner and veterinarian with 27 years of clinical experience, her goal is to support the emotional and mental health of individuals, teams, and organizations; as well as build resilient, agile, positive, psychologically safe veterinary culture.

Dr. Benedetti is an ICF Certified Professional Coach, Certified Compassion Fatigue Practitioner, Mentor, Safe Circle Facilitator, public speaker, and she most recently completed training as a certified Trauma Informed Coach. Leann is a member of the Canadian Veterinary Medical Association (CVMA) Wellness Advisory Group, a Peer Advisor for the College of Veterinarians of Ontario, and a passionate advocate for veterinary well-being and whole-hearted living.

Visit ***canadianveterinarians.net/mental-health-awareness-week*** for more information about the Merck Animal Health-Canadian Veterinary Medical Association "Time to Talk about Vet Med Mental Heath" awareness campaign and watch past webinars.

Questions?

Email Dr. Kathy Keil: kathleen.keil@merck.com

The Canadian Veterinary Medical Association is the national and international voice for Canada's veterinarians, providing leadership and advocacy for veterinary medicine.

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